



# SOCCER



## SCHOOL YEAR REGISTRATION

Sept-June: Monthly Payment  
All make up classes approved by Director

Tiny Soccer (Ages 3-5)	1X per week	Time (30 min)
	Monday	4:30pm
	Tuesday	5:30pm

Member \$90 mo Non Mem \$146 mo

Jr. Soccer (Ages 6-12)	1X per week	Time (60 min)
	Monday	5:00pm
	Tuesday	4:30pm

Member \$106 mo Non Mem \$162 mo

EMAIL: SHAYL@SHREWSBURYCLUB.COM

SCAN FOR MORE INFORMATION  
ON OUR WEBSITE





# BASKETBALL



## SCHOOL YEAR REGISTRATION

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All make up classes approved by Director

Bitty Basketball (Ages 3-5) Mem \$80 mo Non \$148 mo	1X per week	Time (30 min)
	Wednesday	5:00pm
	Saturday	11:00am
	Saturday	11:45am

Basketball Skills 1 (Ages 6-15) Mem \$104 mo Non \$164 mo	1X per week	Time (60 min)
	Wednesday	5:30pm
	Saturday	12:30pm

Basketball Skills 2 (Ages 6-15) Requires Instructor Approval	1X per week	Time (60 min)
	Wednesday	6:30pm
	Saturday	10:00am

Mem \$104 mo  
Non \$164 mo

EMAIL: SARAHC@SHREWSBURYCLUB.COM

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	1X per week	Time (30 min)
A+ PROGRAMMING Classes for level 1 ASD MEM/ \$85 NON MEM/ \$152 PER CLASS PER MONTH	Karate, Tuesdays	6:15pm
	Dance, Tuesdays	4:30pm
	Soccer, Mondays	6:00pm
	Explorers, Saturday	10:30am
	Basketball, Saturdays	2:00pm

EMAIL: SARAHC@SHREWSBURYCLUB.COM





# ALL SPORTS



## SCHOOL YEAR REGISTRATION

Sept-June: Monthly Payment  
All make up classes approved by Director

All Sports (Ages 3-4)	1X per week	Time (30 min)
	Thursday	11:00am
	Saturday	11:15am

Member \$80 mo Non Mem \$148 mo

Home School: Sports (Ages 6-15)	1X per week	Time (45 min)
	Thursday	11:30am

Member \$75 mo Non Mem \$132 mo

EMAIL: SARAHC@SHREWSBURYCLUB.COM

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# BIRTHDAY PARTIES



THEMES AVAILABLE

Tennis, Baseball, Gymnastics, Martial Arts, Kickball, Wiffle Ball, Soccer, Dance Party, Flag Football, Ninja Gymnastics, Basketball, Inflatables, Nerf, & custom

STARTING AT \$279

EMAIL: SAMS@SHREWSBURYCLUB.COM


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# PERSONAL ATHLETIC TRAINING

EMAIL: HANNAHV@SHREWSBURYCLUB.COM

The Shrewsbury Club Personal Training Prices				
1 on 1 Personal Training Min Session	30	Member	Non-Member	Price Per Session
Single Session		\$ 69.00	\$ 92.00	\$69/\$92
6 Pack of Sessions		\$ 402.00	\$ 535.00	\$67/\$89.17
12 Pack of Sessions		\$ 780.00	\$ 1,038.00	\$65/\$86.50
1 on 1 Personal Training Min Session	60	Member	Non-Member	Price Per Session
Single Session		\$ 89.00	\$ 119.00	\$89/\$119
6 Pack of Sessions		\$ 522.00	\$ 696.00	\$87/\$116
12 Pack of Sessions		\$ 1,020.00	\$ 1,360.00	\$85/\$113.33
Monthly EFT 1 Session a Week		\$ 351.00	\$ 468.00	\$80.78/\$107.71
Monthly EFT 2 Sessions a Week		\$ 685.00	\$ 914.00	\$78.83/\$105.18
Monthly EFT 3 Sessions a Week		\$ 1,003.00	\$ 1,338.00	\$76.95/\$102.65
1 on 2 Partner Personal Training Min Sessions	40	Member Per Person	Non-Member Per Person	Price Per Session Per Person
Single Session		\$ 63.00	\$ 84.00	\$63/\$84
6 Pack of Sessions		\$ 366.00	\$ 488.00	\$61/\$81.33
12 Pack of Sessions		\$ 708.00	\$ 944.00	\$59/\$78.66
Monthly EFT 1 Session a Week		\$ 242.00	\$ 323.00	\$55.70/\$74.34
Monthly EFT 2 Sessions a Week		\$ 465.00	\$ 620.00	\$53.51/\$71.35
Monthly EFT 3 Sessions a Week		\$ 678.00	\$ 904.00	\$52.01/\$69.35
1 on 3+ Small Group Personal Training 40 Min Sessions		Member	Non-Member	Price Per Session
Single Session		\$ 58.00	\$ 78.00	\$58/\$78
6 Pack of Sessions		\$ 336.00	\$ 448.00	\$56/\$74.67
12 Pack of Sessions		\$ 648.00	\$ 864.00	\$54/\$72
Monthly EFT 1 Session a Week		\$ 226.00	\$ 302.00	\$52.02/\$69.50
Monthly EFT 2 Sessions a Week		\$ 435.00	\$ 580.00	\$50.06/\$66.74
Monthly EFT 3 Sessions a Week		\$ 626.00	\$ 835.00	\$48.02/\$64.06





# THE SHREWSBURY CLUB

Tennis - Fitness - Athletics


3 TENNIS DRIVE, SHREWSBURY, MA. 01545.  
TEL: 508 - 845 -1000. WWW.SHREWSBURYCLUB.COM

# 2026 WINTER YOUTH PROGRAMS





# CAMPS



2026 Summer Camps	Dates
Every Week Day	June 1st-Sept 4th

General Camps	Member	Non Member
Full Day Full Week	\$399	\$499
Full Week Half Day	\$254	\$354
Individual Full Day	\$105	\$125
Individual 1/2 day	\$85	\$99
Extended Day	+\$20	+\$25

Vacation Camps	Dates
December*	*12/22-12/23 & 12/26
December*	*12/29-12/31 & 1/2
February	2/16-2-20
March	3/16-3-20
March	3/23-3-27
April	4/20-4-24
We Offer Camp on Snow days	& Camp on Professional Days

\*Special Pro Rated Pricing Weeks


Specialty Camp Upgrade For Camp (Ages7+)  
Member \$99 Non Mem \$109

Baseball, Tennis, Martial Arts, Gymnastics, Basketball, Soccer, CIT & Dance

Scan the QR for More Information or to book  
Be sure to book your camps early there are significant discounts for booking early and for multiple weeks. We also offer sibling discounts

This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local Board of Health. Parents/Guardians may request copies of background check, health care, and/or discipline policies

EMAIL: SARAHC@SHREWSBURYCLUB.COM



# DANCE FACTORY



## SCHOOL YEAR REGISTRATION

Sept-June: Monthly Payment  
All make up classes approved by Director

**Move With Me** One weekly 30min class (Parent Child Class)  
Classes: Tues 3:30pm, Wed 11am, Sat 9:30am, Price: Mem \$85 a month Non \$152 a month

**Tiny Dancers** Ages 2.5-4 One weekly 30min class  
Classes: Tues 4pm, Wed 10:30am, Sat 10:15am, Price: Mem \$85 a month Non \$152 a month

**Intro to Dance** Ages 5-6, One weekly 45min class  
Classes: Tues 5pm, Sat 10:45am, Price: Mem \$99 a month, Non \$164 a month

**Fundamentals of Dance** Ages 7-9, One weekly 60min class  
Classes: Tues 5:45pm, Sat 11:30am, Price: Mem \$105 a month, Non \$169 a month

**Adult Dance** Ages 18+, One weekly 60min class  
Classes: Tues 6:45pm Price: Mem \$85 a month, Non \$152 a month

**Daytime Family Dance** Ages 6-adult, One weekly 60min class  
Classes: Wednesday 11:30am, Price: Mem \$85 a month, Non \$152 a month

EMAIL: LAUREND@SHREWSBURYCLUB.COM

SCAN FOR MORE INFORMATION  
ON OUR WEBSITE



# TENNIS



## SCHOOL YEAR REGISTRATION

**Sept-June: Monthly Payment**  
**Paid In Full Winter Session**  
**December 15<sup>th</sup>-March 16<sup>th</sup>**  
**Make Up Week March 23<sup>rd</sup>-28<sup>th</sup>**

### Tiny Tennis

(Ages 4 & Under)  
 Member/\$69 monthly  
 Non Member \$89 monthly

1X Per Week, Day	Time (30min)
Wednesday	6:00 OR 6:30pm
Saturday	8:15am

### Red Ball Tennis

(Ages 5- 8)  
 Member/\$120 monthly

Paid in Full Member \$450  
 Paid In Full Non Mem \$710

### Orange Ball Tennis

(Ages 8 - 12)  
 Member/\$120 monthly

Paid in Full Member \$450  
 Paid In Full Non Mem \$710

### Competitive Orange Ball Tennis

(Dir. Discretion)  
 Member/\$120 monthly

Paid in Full Member \$450  
 Paid In Full Non Mem \$710

### Green Ball Tennis

(Ages 12- 15)  
 Member/\$120 monthly

Paid in Full Member \$450  
 Paid In Full Non Mem \$710

### Competitive Green Ball Tennis

(Dir. Discretion)  
 Member/\$120 monthly

Paid in Full Member \$450  
 Paid In Full Non Mem \$710

### Yellow Ball Tennis


(Ages 15+)  
 Member/\$120 monthly

Paid in Full Member \$450  
 Paid In Full Non Mem \$710


### Competitive Yellow Ball Tennis

(Dir. Discretion)  
 Member/\$120 monthly

Paid in Full Member \$450  
 Paid In Full Non Mem \$710



# TENNIS



## Jr. Varsity

(Dir. Discretion)  
 Member/\$172.50 monthly

Paid in Full Member \$675  
 Paid In Full Non Mem \$1,065

## Varsity

(Dir. Discretion)  
 Member/\$345 monthly

Paid in Full Member \$1,350  
 Paid In Full Non Mem \$2,130

# GYMNASTICS

## SCHOOL YEAR REGISTRATION

**Sept-June: Monthly Payment**  
**Unlimited Make Up's**

### Tumble Tots

(Ages 3- 5)  
 Member/\$65 monthly  
 Non Member \$118 monthly

1X Per Week, Day	Time (45min)
Tuesday	5:30pm
Thursday	4:30pm
Thursday	5:30pm
Saturday	9:00am

### Young Boys Rec

(Ages 3- 5)  
 Member/\$65 monthly  
 Non Member \$118 monthly

1X Per Week, Day	Time (45min)
Tuesday	4:30pm

### Girls Green

(Ages 5- 8)  
 Member/\$75 monthly  
 Non Member \$128 monthly

1X Per Week, Day	Time (60min)
Tuesday	4:30pm
Tuesday	5:30pm
Saturday	9:45am

### Girls Blue

(Ages 9- 11)  
 Member/\$95 monthly  
 Non Member \$148 monthly

1X Per Week, Day	Time (75min)
Tuesday	6:00pm
Thursday	4:30pm
Saturday	10:45am

### Girls White

(Instructor Approved)  
 Member/\$110 monthly  
 Non Member \$163 monthly

1X Per Week, Day	Time (90min)
Thursday	5:45pm

### Tumbling

OPEN TO ALL  
 Member/\$110 monthly  
 Non Member \$163 monthly


1X Per Week, Day	Time (60min)
Monday	7pm

### Advanced Tumbling

(Instructor Approved)  
 Member/\$165 monthly  
 Non Member \$215 monthly

1X Per Week, Day	Time (120min)
Wednesday	7pm

**EMAIL: REC GYMNASTICS**  
**MANAGER HANNAH PRUNDARU:**  
**HANNAHP@SHREWSBURYCLUB.COM**





# BASEBALL



## Little & Big Bombers

### 12 Week Sessions

Little Bombers Winter: January 8<sup>th</sup>-March 26<sup>th</sup>  
 Big Bombers Winter: January 6<sup>th</sup>-March 24<sup>th</sup>  
**Make Up's by Approval of Director**

## MONTHLY EFT REGISTRATION

### January-March : Monthly Payment

### Little Bombers

(Ages 4- 7)  
 Member/\$140 monthly  
 Non Member/ \$160 monthly

1X Per Week, Day	Time (90min)
Thursday	4:30pm

### Big Bombers

(Ages 8- 12)  
 Member/\$175 monthly  
 Non Member/ \$195 monthly

1X Per Week, Day	Time (90min)
Tuesday	4:30pm

### PAID IN FULL

#### Winter Sessions, 10 Week Clinics

### Elite Hitting Academy

(Ages 9-17)  
 Member/\$600 Session  
 Non Mem \$650 Session

1X Per Week	10 Weeks, Day & Dates	Time (90min)
Winter	Tuesdays Jan 20 <sup>th</sup> -March 31 <sup>st</sup> (No Academy Feb 17 <sup>th</sup> )	6pm-7:30pm

### Elite Pitching & Catching Academy

(Ages 9-17)  
 Member/\$600 Session  
 Non Mem \$650 Session

1X Per Week	10 Weeks, Day & Dates	Time (90min)
Winter	Saturdays Jan 10 <sup>th</sup> -March 28 <sup>th</sup> (No Class Jan 24 <sup>th</sup> & Feb 28 <sup>th</sup> )	10am-11:30am

### Runbirds Foundational

#### Strength & Power Development

#### 12-14U 6 weeks, 1hr a Week, Small Group Clinics

**With CSCS (Certified Strength & Conditioning Specialist)**  
**Small Group (Min 3 - Max 5 participants per Group)**  
**Dec 9<sup>th</sup>- Jan 20<sup>th</sup>**  
**Jan 27<sup>th</sup>-Mar 3<sup>rd</sup>**  
**Member- \$200**  
**Non Member- \$350**

### College Baseball Prep- Strength, Power, & Injury Prevention

#### 15-17U, Mondays & Wednesdays, 2 1hr Sessions a Week

#### 6 week Program

#### Jan 5<sup>th</sup>-Feb 11<sup>th</sup>

#### Feb 16<sup>th</sup>-Mar 25<sup>th</sup>

#### Member- \$350

#### Non Member- \$500

**EMAIL: BASEBALL DIRECTOR**  
**KELLY ROONEY:**  
**KROONEY@SHREWSBURYCLUB.COM**





# KARATE



## SCHOOL YEAR REGISTRATION

**Sept-June: Monthly Payment**  
**Make Up's By Approval of Dir.**

### Little Dragons

(Ages 3- 5)  
 1X a week/ Mem \$80, Non Mem \$148 a month  
 2X a week/ Mem \$91, Non Mem \$159 a month  
 3X a week/ Mem \$102, Non Mem \$170 a month

Day	Time (30min)
Monday	4:30pm
Tuesday	11am
Tuesday	5:00pm
Thursday	4:30pm

### Tiny Tigers

(Ages 6-8)  
 1X a week/ Mem \$85, Non Mem \$152 a month  
 2X a week/ Mem \$96, Non Mem \$163 a month  
 3X a week /Mem \$107, Non Mem \$174 a month

3X a Week	Time (45min)
Monday	5:00pm
Wednesday	4:45pm
Thursday	5:00pm

### Jr. Beginners (White-Blue Belts)

(Ages 8-12)  
 1X a week/ Mem \$85, Non Mem \$152 a month  
 2X a week/ Mem \$96, Non Mem \$163 a month  
 3X a week/ Mem \$107, Non Mem \$174 a month

3X a Week	Time (45min)
Monday	5:45pm
Tuesday	5:30pm (C)
Thursday	5:45pm

### Karate Kids (Purple-Black Belts)

(Ages 8-12)  
 1X a week/ Mem \$85, Non Mem \$152 a month  
 2X a week/ Mem \$96, Non Mem \$163 a month  
 3X a week/ Mem \$107 Non Mem \$174 a month

3X a Week	Time(45min)
Monday	6:30pm
Tuesday	5:30pm (C)
Wednesday	5:30pm

### Teen/Adult Karate

(Ages 13+)  
 1X a week/ Mem \$75, Non Mem \$132 a month  
 2X a week/ Mem \$86, Non Mem \$143 a month

2X a Week	Time (60min)
Monday	7:15pm
Wednesday	7:00pm

### Daytime Family Karate

(Ages 6- Adult)  
 Mem/ \$85 Non Mem/ \$152 a month

1X a Week	Time (45min)
Tuesday	11:30am

### Weapons Class

(Add On) MUST be registered in another class to add on this class  
 Mem/ \$60 Non Mem/ \$120 a month

1X a Week	Time (45min)
Wednesday	6:15pm

### Sparring Skills Class

(Add On) MUST be registered in another class to add on this class  
 Mem/ \$60 Non Mem/ \$120 a month

1X a Week	Time (45min)
Thursday	6:30pm

**EMAIL : MARTIAL ARTS DIRECTOR**  
**SARAH COREY:**  
**SARAHC@SHREWSBURYCLUB.COM**

